Getting Started

You will be asked questions about job-related **abilities**, which are enduring talents that can help a person do a job.

INSTRUCTIONS	EXAMPLE
• Read the definition of the job-related ability provided in the dark blue box above the question.	Arm-Hand Steadiness is the ability to keep your hand and arm steady while moving your arm or while holding your arm and hand in one position.
 Then, rate how important the job-related ability is to the performance of your current job. 	 How important is <u>arm-hand steadiness</u> to the performance of your current job? Not important → Go to next question Somewhat important Important Very important Extremely important
If you select at least somewhat important, you will be asked to rate the level of the job-related ability.	→ If at least somewhat important, what level of <u>arm-hand steadiness</u> is needed to perform your current job?
• The level of an ability refers to the amount of mental or physical talent needed to perform your current job.	Examples of activities from a variety of jobs: Low: Light a candle Moderate: Thread a needle High: Cut facets in a diamond
 To help you understand the different levels, examples of job-related activities 	
are provided that require either a low, moderate, or high level of ability to	○ 1 Low
perform. These examples are from a variety of jobs. They may or may not be directly related to your current job.	
	4 Moderate
 "1" on the scale means that a low level of the ability is needed to perform your 	O 5
current job.	 6 7 High
• "7" on the scale means that a high level of the ability is needed to perform your current job.	

Mark your response by placing a check mark, an "X," or completely filling in the circle:



















































